



Northwood-Kensett Community School District VIKING DISPATCH

September 2020

Creating healthy, educated, ethical and productive citizens.

In This Issue:

From the Desk of Mr. Crozier	1
From the Desk of Mr. Costello	2
District Calendar	3
From the Desk of Mr. Fritz	4
Counselor's Corner	5
Annual District Notices	6
Annual District Notices	7
Nurse's Corner	8-10

PO BOX 289
1200 1st Ave N.
Northwood, IA 50459

(641) 324-1127 (Elementary)
(641) 324-2021 (Superintendent)
(641) 324-2142 (High School)

Administration

Michael R. Crozier, Superintendent
Brian Costello, Elementary Principal
Keith Fritz, Secondary Principal

School Board Members

Larry Hovey
Susan Kliment
Cindy Pangburn
Roger Harris
John Anderson

FROM THE DESK OF MR. CROZIER

Patience and Flexibility is What We Will Need This Year:

Welcome back to the 2020-2021 school year. The District Leadership team (comprised of the three administrators and 10 teachers) worked very hard over the summer to develop our return to learn and reopening plan. These are working documents that we will adjust as we need to. Please be patient, as there will be things that come up that we have not considered and we will work diligently to figure them out.

What will happen if we have a case at school? Nurse Heather has sent out guidelines as to when to keep your child home if they are showing symptoms of COVID-19. If we send a child home that is showing symptoms, in addition to the criteria for the child to return to school as recommended by the CDC and Public Health, we will deep clean the areas that the student has occupied as soon as access to the area is available. This includes additional wiping down high touch surfaces and fogging the room or rooms.

During the first week of school, the students have done an outstanding job of wearing their mask properly. I know this has been a strain for some students and staff. Masks have been proven to be the best mitigation strategy to reduce the transmission of COVID-19.

Stay safe and work together.

Parent Teacher Conferences: Nov 5th & Nov 9th

Parent teacher conferences for fall are fast approaching. They are scheduled for November 5th and November 9th. We will be working on getting those sign ups set up so that parents can go sign up online. Both buildings now use signup.com for conferences. Conferences will be held from 4-8 pm at both the elementary and secondary buildings this year.

FROM THE DESK OF MR. BRIAN COSTELLO, ELEMENTARY PRINCIPAL

What just happened?

In late January we started hearing rumblings about a virus impacting the western part of the United States. Week by week those rumblings started to become more frequent and a little louder. By the time we hit our spring break in mid-March, those rumblings became deafening. Not in my wildest dreams did I imagine spring break would be the start of a five-month hiatus from seeing students in our school. From that point on we started the work of planning for our kids to return. Based on the current guidance, I think we've done a great job providing a safe environment.

Here are a few examples of strategies we've implemented to protect our kids:

- We've eliminated "Walk and Talk" at the beginning of the school day.
- We've removed extra desks, tables, and materials from classrooms so that we could increase the distance between students while they learn.
- We've added a fourth lunch session, so that fewer kids are eating lunch at one time.
- Throughout the school, kids are in close contact with as few kids as possible. Seating charts in the lunchroom mimic those in the classroom. This will make it easier for Worth County Public Health to complete contact tracing.
- We've maintained the same number of recess times as in the past, but we've shortened the length of those recess times.
- At their July 23rd meeting, our Board of Directors passed a resolution to mandate face coverings while in the buildings and on school vehicles. They also included activities outside where kids could not social distance.
- Students are assigned seats if they are riding a school bus. Kids within a family group can sit together on the bus; otherwise one student is assigned per seat.
- We've increased our cleaning schedule.
- Teachers emphasize hand washing and build in time throughout the day for kids to use soap or hand sanitizer.
- We've designed the master schedule so fewer kids are in the hall at one time.
- We're installing water bottle fillers throughout the building and turning off the drinking spigot.

As I said, these are just a few of the many changes we've implemented to start the school year. I would be remiss if I didn't mention the Worth County Public Health office. They've worked tirelessly making sure we have up-to-date guidance in this fast-changing epidemic.

A special thank you to our students and families for their continued support.

Brian Costello

It is the policy of the Northwood-Kensett Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Keith Fritz Secondary Principal, 704 7th St. N., Northwood, IA 50459, Phone 641-324-2021 x101, kfritz@nkvikings.com who has been designated as the district's Equity Coordinator and to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the American with Disabilities Act (ADA), Section 504, and Iowa Code Section 280.3. For issues with Section 504 Contact Brian Costello Elementary Principal, 504 Coordinator, 1200 First Avenue North, Northwood, IA 50459, Phone 641-324-2021 x201, bcostello@nkvikings.com

District Calendar!

Northwood-Kensett 2020-2021 School Calendar													
Calendar Legend		August					Days Hours		1080 Hour Calendar				
Start		M	T	W	Th	F			Date	Events			
In-service no School									Aug. 12	Registration (12:00 - 8:00)			
HOLIDAYS									Aug. 17-20	PK-12 Inservice			
Early Out inservice				17	18	19	20	21	Aug. 19	Opening Conferences (12:00 - 8:00)			
Vacation No school				24	25	26	27	28	Aug. 24	K-12 Start date			
End of Quarter				31	9				Aug. 31	Pre-K Start date			
Parent Teacher Conf.	6	39.49	September					6	39.5				
Summary of Calendar:			1	2	3	4	4	24.3	Sept. 2	1:20/1:30 Early Out PLC			
Days in classroom:			7	8	9	10	11	4	26.3	Sept. 7	Labor Day (No School)		
First Semester	88		14	15	16	17	18	5	30.9	Sept. 16	1:20/1:30 Early Out PLC		
Second Semester	91		21	22	23	24	25	5	32.9				
TOTAL CALENDAR DAYS	179		28	29	30			3	19.8				
	27	173.726	October					21	134				
Summary of Calendar:						1	2	2	13.2	Oct. 7	1:20/1:30 Early Out PLC		
Hours in classroom:			5	6	7	8	9	5	30.9	Oct. 21	1:20/1:30 Early Out PLC		
First Semester	561		12	13	14	15	16	5	32.9	Oct. 26	End of 1st Quarter 45 Days		
Second Semester	585		19	20	21	22	23	5	30.9				
Total Instruction	1146		26	27	28	29	30	5	32.9				
	49	314.566	November					22	141	Nov. 5	Parent-Teacher Conferences		
			2	3	4	5	6	5	36.9	Nov. 9	Parent-Teacher Conferences		
			9	10	11	12	13	5	36.9	Nov. 18	1:20/1:30 Early Out PLC		
			16	17	18	19	20	5	30.9	Nov. 24	1:20/1:30 Early Out		
			23	24	25	26	27	3	11.2	Nov. 25	No School Comp Day		
			30					1	6.58	Nov. 25-27	Thanksgiving Holiday No School		
First Semester Days	88	68	437.046	December					19	122			
Second Semester Days	91			1	2	3	4	4	24.3	Dec. 2	1:20/1:30 Early Out PLC		
Days with students	179			7	8	9	10	11	5	32.9	Dec. 16	1:20/1:30 Early Out PLC	
Professional Development	6			14	15	16	17	18	5	30.9	Dec. 22	1:20/1:30 Early Out	
Total Staff Days	185			21	22	23	24	25	2	11.2	Dec. 23-Jan 3	Winter Break (No School)	
Holidays	5			28	29	30	31						
	190	84	536.376	January					16	99.3	Jan. 6	1:20/1:30 Early Out PLC	
								1	0	Jan. 7	End of 2 nd Quarter (43 days)		
Professional Development				4	5	6	7	8	5	30.9	Jan. 7	End of 1 st Semester (88 Days)	
Work Days for Staff-				11	12	13	14	15	5	32.9	Jan. 8	Begin 3 rd Quarter/Begin 2nd Semester	
Aug. 17-20	4			18	19	20	21	22	5	30.9	Jan. 20	1:20/1:30 Early Out PLC	
Apr. 21	1			25	26	27	28	29	5	32.9			
May. 26	1	104	664.056	February					20	128			
	6			1	2	3	4	5	5	30.9	Feb. 3	1:20/1:30 Early Out PLC	
				8	9	10	11	12	5	32.9	Feb. 17	1:20/1:30 Early Out PLC	
				15	16	17	18	19	5	30.9			
				22	23	24	25	26	5	32.9			
	124	791.736	March					20	128	Mar. 9 & 11	Parent-Teacher Conferences		
				1	2	3	4	5	5	34.3	Mar. 11	End of 3 rd Quarter (45 days)	
School Day				8	9	10	11	12	0	0	Mar. 12	No School Comp Day	
8:25 am – 3:20 pm Elem.				15	16	17	18	19	5	32.9	Mar. 15-19	Spring Break No School	
School Day				22	23	24	25	26	5	30.9	Mar. 24	1:20/1:30 Early Out PLC	
8:30 am – 3:28 pm Sec.				29	30	31			3	19.8			
	142	909.646	April					18	118				
20 minutes for lunch						1	2	1	6.58	Apr. 2	Good Friday No School		
Full day - 6.58 hours				5	6	7	8	9	5	30.9	Apr. 4	Easter	
				12	13	14	15	16	5	32.9	Apr. 7	1:20/1:30 Early Out PLC	
HOLIDAYS:				19	20	21	22	23	4	26.3	Apr. 21	No School Full Day PD	
Labor Day (9/7)	1			26	27	29	29	30	5	32.9			
Thanksgiving Day (11/26)	1	162	1039.316	May					20	130	May. 12	1:20/1:30 Early Out PLC	
Christmas Day (12/25)	1			3	4	5	6	7	5	32.9	May. 23	Graduation	
New Year's Day (1/1)	1			10	11	12	13	14	5	30.9	May. 25	Early Out 12:20/12:30 (Last Day Students)	
Memorial Day (5/31)	1			17	18	19	20	21	5	32.9	May. 25	End of 4 th Quarter (46 days)	
	5			Graduation	24	25	26	27	28	2	10.2	May. 25	End of 2 nd Semester (91 days)
				31	1	2	3	4	0		May. 26	Professional Development	
				7	8	9	10	11			May. 31	Memorial Day (No School)	
	179	1146.236							17	107			

FROM THE DESK OF MR. FRITZ

It is so good to have our students back in school again.

From volleyball and football games, to school lunch, to gym class and study hall and all the classes in between, we are grateful our school board has prioritized in-person learning for our students.

Despite COVID, I am as optimistic as ever about the coming school year. At the secondary building, we're still focusing on improving student achievement scores, on providing an expanded and diverse array of course offerings, and on prioritizing the most essential standards for students to master.

Homecoming week is always a school celebration our communities look forward to, and arrives at the end of September/start of October this year. Many of our homecoming traditions will remain, and we will make changes on others. We will keep you informed.

News from Athletic Director Mr. Jordan Reindl

EAST	Start Time	Admission	Concessions	Mask Requirements	Spectator Seating Guidelines	Net Setup	Radio Broadcast	Video Stream
Central Springs	JJV/JV - 5:30 Varsity - 7:00	Yes	Yes	Highly recommended for all spectators when distancing is not possible	Social Distancing	One net in small gym One net in big gym	By request	CS YouTube Channel
N-P	JJV/JV - 5:30 Varsity 7	Yes	Yes	Highly recommended for all spectators	Social Distancing	One net in HS Gym (No JJV)	KCHA	No
Newman	JJV/JV - 5:30 Varsity 7	Yes	Yes	Required for all spectators.	Social Distancing	One net in both gyms	By request	No
North Butler	JJV/JV - 5:30 Varsity 7	Yes	Yes	Required for all spectators.	Social Distancing	One net in both gyms	Sometimes KLMJ	Yes, HUDL
N-K	JJV 4:30 JV 5:35 V 7:00	Yes	TBD	Required for all spectators.	Social Distancing	One net. JJV 4:30 JV 5:30 V 7:00	Available upon request	Maybe- KISS 98.7
Osage	JJV/JV - 5:30 Varsity 7	Yes	Yes	Required for all spectators.	Social Distancing Every other row blocked off Ask student sect group by grade, every other row	One gym - Courts are 30' apart	Maybe - KISS 98.7	Maybe - KISS 98.7
Rockford	JJV/JV 5:30 Varsity 7:00	Yes	Yes No food in gym	Required if cannot social distance.	Social Distancing	JJV in Multi-Purpose JV in big gym	Yes if requested	No
St. Ansgar	JJV/JV - 5:30 Varsity 7:00	Yes	Yes	Required for all spectators.	Social Distancing	JJV in MS Gym JV in HS Gym	KISS 98.7	KISS 98.7
West Fork	JJV/JV 5:30 Varsity 7:00	Yes	Yes	Required for all spectators.	Social Distancing	JJV North Gym JV/V South Gym	Select games	Yes

Counselor's Corner, Mrs. Amy Hansen & Mrs. Ashley Williams

What is the role of our School Counselors?

School counselors are trained to provide assistance to the students at school in the areas of career, academic, and some personal and social issues. Counseling at the school level is generally considered to be brief and solution-focused. Because we are different from counselors who work at a private clinic, hospital, or a government agency, some personal & social issues exceed our training & availability. Depression, suicidal thoughts, eating disorders, family conflicts, and other significant issues are a few examples. In these cases, we can provide information about mental health care providers who have more extensive training in social work & psychology and who are licensed to provide care in these instances. Our school currently has a licensed social worker named Amy Abels. She visits once per week to provide mental health counseling at no cost to families, and we can connect her with N-K families who are interested in her services. We also have mental health resources available on the counseling website.

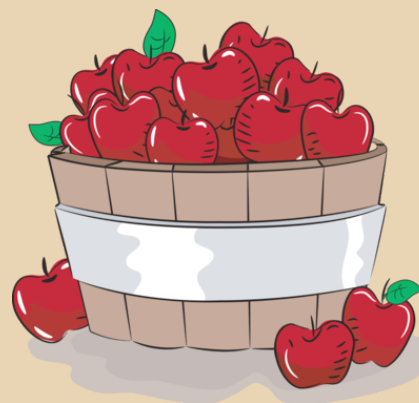
Both counselors acknowledge that some students may face new challenges this year in relation to the stress, anxiety, and life changes that have been brought on by the COVID-19 pandemic. It is important that families communicate new concerns about their student(s) to counselors and teachers so that new considerations can be properly addressed, whether that occurs in the classroom, in the counseling office, or through an external resource.

At N-K Elementary, Mrs. Williams works with students in individual counseling sessions, small group sessions, and classroom guidance. Individual, small group, and classroom guidance lessons focus on a variety of topics. These include, but are not limited to, homework completion, study skills, time management, self esteem, career awareness, anger and feelings, friendship skills, grief and loss, and respecting others. Students may be referred for individual and small group sessions by teachers, parents, or themselves. If you feel that your child would benefit from being a part of a small group or individual counseling session, please email awilliams@nkvikings.com or call 641-324-1127 ext. 216. These services are available to ALL students who attend N-K Elementary.

Mrs. Williams also teaches middle school guidance, covering a variety of personal-social, academic, and career-planning topics that are required by the Iowa State Department of Education.

At NKHS, Mrs. Hansen works with students in individual planning and in small and large group counseling environments. All Mrs. Hansen's work strives to meet the ASCA (American School Counseling Association) Mindsets & Behaviors, which are focused on the areas of academic success, career & college planning & readiness, and personal & social skills. This includes, but is not limited to: career exploration, college & scholarship information, promoting positive relationships between students, effective communication, learning to work through difficult situations, four year planning, and academic success. She connects with NIACC and Waldorf to help provide students with concurrent enrollment options, and she also teaches high school level English electives.

Like at the elementary, school counseling services are available to all students 7-12, as are the resources that are kept via website & Google Drive. Parents, teachers, and students themselves can refer students for services. If you would like to refer your student, please contact Amy Hansen at ahansen@nkvikings.com or call 641-324-2142 ext. 117.



Annual District Notices Pages 6-7

EQUAL OPPORTUNITY EMPLOYER Inquiries by employees or applicants for employment regarding compliance with equal employment opportunity and affirmative action shall be directed to the Affirmative Action Coordinator, Office of the Superintendent, Northwood-Kensett Community School District, 1200 First Avenue North, Northwood, IA 50459. Inquiries may also be directed, in writing, to the Iowa Civil Rights Department of Education, Kansas City, MO. Such inquiry or complaint to the state or federal office may be done instead of, or in addition to, an inquiry or complaint at the local level.

DIRECTORY OF STUDENT INFORMATION The following information may be released to the public in regard to any individual students of the school district as necessity or desirability arises. Any student over the age of eighteen, parent, or guardian not wanting this information released to the public must make an objection in writing, within fifteen days of enrollment, to the principal or other person in charge of the school the student is attending. It is desirable to renew this objection at the beginning of each school year.

THE STUDENT'S NAME, ADDRESS, GRADE LEVEL, ENROLLMENT STATUS, PARTICIPATION IN OFFICIALLY RECOGNIZED ACTIVITIES AND SPORTS, WEIGHT AND HEIGHT OF MEMBERS OF ATHLETIC TEAMS, DATES OF ATTENDANCE, DEGREES AND AWARDS RECEIVED, PHOTOGRAPH AND OTHER LIKENESS, AND OTHER SIMILAR INFORMATION.

SECTION 504, AMERICANS WITH DISABILITIES ACT (ADA) Section 504/ADA prohibit discrimination against persons with a disability in any program receiving federal financial assistance. In order to fulfill obligations under Section 504/ADA, the Northwood-Kensett Community School District has the responsibility to avoid discrimination in policies and practices regarding its personnel and students. No discrimination against any person with a disability should knowingly be permitted in any of the programs and practices of the school system.

The Northwood-Kensett Community School District has the responsibilities under Section 504/ADA, which include the obligations to identify, evaluate, and, if the student is determined to be eligible under Section 504/ADA, to afford access to appropriate educational services.

If the parent or guardian disagrees with the determination made by the professional staff of the school district, he/she has a right to a hearing with an impartial hearing officer.

The Family Educational Rights and Privacy Act (FERPA) also specifies rights related to education records. This Act gives the parent or guardian the right to: 1) inspect and review his/her child's educational records; 2) make copies of these records; 3) receive a list of the individuals having access to those records; 4) ask for an explanation of any item in the records; 5) ask for an amendment to any report on the grounds that it is inaccurate, misleading, or violates the child's rights; 6) a hearing on the issue if the school refuses to make the amendment.

If there are any questions, please contact Brian Costello, Elementary Principal and Section 504 Coordinator.

Annual District Notices Pages 8-9

PUBLIC RECORDS

The Code of Iowa, Chapter 22 gives each individual the right to examine and copy public records of the school district. The Northwood-Kensett Community School District has delegated two officials with the responsibility of implementing requirements of this Chapter. These two individuals are the Superintendent of Schools and the Business Manager. Requests to examine or copy public records (except records of enrolled students) should be made to one of these two designated officials. Such requests shall be honored within a reasonable period of time as outlined in the law and a reasonable fee may be charged for the copying of public records. Those public records which deal with personnel are covered under the Family Education Rights and Privacy Act and shall not be available for examination or copying. Principals or other employees are instructed to refer requests for public records to the Office of the Business Manager.

OPEN ENROLLMENT NOTIFICATION

Districts are now required to notify patrons of open enrollment application deadlines and the possibility of transportation assistance. For the 2020-21 school year, the deadline for filing an open enrollment application for students in grades 1-12 was March 1, 2020. The deadline for students entering kindergarten was September 2, 2020. Parents/guardians of open enrollment students whose income falls below 160% of the federal poverty guidelines are eligible for transportation assistance. This may be in the form of actual transportation or in the form of a cash stipend. This notification is also posted on our website for your review.

ABUSE It is the policy of the Northwood-Kensett Community School District that school employees not commit acts of physical or sexual abuse, including inappropriate and intentional sexual behavior, towards students. Any school employee who commits such acts is subject to disciplinary sanctions up to and including discharge. The Northwood-Kensett Community School District has appointed as Level I Investigator, Mr. Brian Costello, elementary principal, and Mr. Keith Fritz, secondary principal.

Nurse's Corner-Heather Rheingans, RN (pg 1 of 3)

FREQUENTLY ASKED ILLNESS QUESTIONS DURING THE COVID-19 PANDEMIC

Q: My child isn't feeling well and I will be keeping them home from school today; should I keep my other children home also?

A: No, the other children may come to school as long as they are well and do not have a fever.

Q: My child is being tested for COVID-19, do I need to keep their sibling/s home from school also?

A: No, the CDC and Public Health department state that the other children and/or household members may come to school as long as they are symptom free until test results are received. Only if a positive test is received do siblings and/or household members need to self-quarantine.

Q: What symptoms do I need to keep my child home for?

A: The Iowa Department of Public Health recommends that children with 1 high risk symptom (cough, shortness of breath, sudden loss of taste or smell) or 2 low risk symptoms (fever, headache, muscle aches, fatigue, sore throat, runny nose, congestion, nausea, vomiting, diarrhea) not come to school. In addition to this, any child reported to have these symptoms will need 1 of 3 things to return to school. A: a dr's note with an alternative diagnosis than COVID-19 B: a negative COVID-19 test and resolution of symptoms C: 10 consecutive days of absence without a dr's note or COVID-19 test D: IF tested positive for Covid-19--10 days since start of symptoms, fever free for 24hrs and symptoms have improved

Q: My child has allergies, am I supposed to keep them home because their allergies cause 2 low risk symptoms?

A: No, the Iowa Department of Public Health states the 2 low risk symptoms or 1 high risk symptom must be out of the child's **norm**. It is very important to have open communication with the school nurse in situations such as this. A quick email to nurse Heather or phone call will save an interruption in your day.

Q: How do I know if my student was around someone who was sick?

A: The local county Public Health Department and school have a system to tell whether someone should stay home. The Public Health Department or school will call and give you instructions if your student falls into that group.

Nurse's Corner-Heather Rheingans, RN (pg 2 of 3)

Q: What is a "Close Contact"?

Close contact- is defined as being within 6 feet of someone for 15 minutes. Being in close contact with someone who is positive for Covid-19 puts you at a higher risk of getting Covid-19. (Other examples of close contact are-sharing the same drinking glass or straw, sharing the same eating utensil, touching the person or things that may have that person's germs on them, like a dirty tissue, or the person coughing or sneezing on you). Casual contact-is defined as passing by someone briefly. A casual contact puts you at a lower risk of getting Covid-19.

Q: What if my student comes in "close contact" with someone who tested positive for Covid-19?

Your student should stay home for 14 days since the last time they were around that person to see if they develop symptoms. If they do get symptoms, then:

1. Call your student's doctor
2. Ask to have your student tested
3. Follow the doctor's instructions
4. Stay in quarantine until the test results are given to you.

Q: What if we live with someone who tests positive for Covid-19?

Everyone in the household should quarantine for at least 14 days since last exposure to the sick person since exposure can happen until the sick person meets the following:

1. The sick person gets better
 - a. At least 10 days have passed since their symptoms started and:
 - a. They haven't had a fever (100.4 F or greater) in at least 24 hours without the use of medication to reduce fever and:
 - b. Their symptoms have improved.
 - * If the individual who tested positive is unable to isolate away from other individuals within the household (i.e. own bedroom, own bathroom, etc away from others) then those individuals within the home must quarantine for at least 10days PLUS 14 days (24 or more days).
 - * If the sick individual still has a fever after their 10 day isolation period, or no improvement in symptoms, the individual is to remain in isolation for 24 hours after fever breaks AND other symptoms have improved.

Q: What if my student that had "close contact" with someone with Covid-19 gets sick but isn't tested for Covid-19?

Your student should stay home in isolation until they get better and all of the following criteria have been met:

1. At least 10 days have passed since their symptoms started and:
2. They have not had a fever (100.4 F or higher) in at least 24 hours without the use of medication to lower the fever and:
3. Their symptoms have improved

Nurse's Corner-Heather Rheingans, RN (pg 3 of 3)

4. PLUS 14 days have passed since they were last around the person that tested positive for Covid-19.

Q: How long does my student need to stay home if they test positive OR a doctor says they likely have Covid-19?

If your student has symptoms they should stay at home and away from others as much as possible until all three of these criteria have been met:

1. At least 10 days have passed since their symptoms started and:
2. They haven't had a fever (100.4 F or greater) in at least 24 hours without using any medications to lower fever and:
3. All of their symptoms have improved.

Q: What does isolation and quarantine mean?

These are terms that public health scientists use to describe why someone needs to stay home. They are public safety tools that have been around for centuries to stop the spread of germs. Isolation means keeping sick people away from healthy people. This usually means that the sick person rests in their own bedroom or area of their home and keeps away from everyone else as best as they can. Quarantine means separating people who were exposed to a sick person away from others. Because someone can spread Covid-19 before they have symptoms, quarantine stops them from accidentally spreading the virus to other healthy people. Usually people who are in quarantine stay at home and avoid being around others.

Q: What steps can I take to prevent my student from getting Covid-19?

You can talk with your student about taking steps every day to prevent getting sick.

- Help them wash their hands often or demonstrate the proper way to wash your hands for 20 seconds using soap and warm water.
- Help them avoid close contact with people who are sick, even inside your own home.
- Remind them to stay 6 feet apart from other people
- Cover mouth and nose with a cloth face cover when they are around others
- Teach your student to clean and disinfect frequently touched surfaces daily (especially phones and remote controls)
- Help your student monitor their health-look for symptoms and take temperatures